



CHRIST ENCOUNTERS

Elizabeth, Mary and Baby John

COMPANION STUDY
GUIDE



BY DONNA WOOLAM

Study Guide: Christ Encounters

Episode 1: Elizabeth, Mary and Baby John

This guide provides a review of the core concepts discussed in the teaching "What Elizabeth, Mary and baby John Can Teach Us About a Jesus Encounter." It includes a short-answer quiz to test comprehension, an answer key, a series of essay questions for deeper reflection, and a glossary of key terms.

Instructions: Answer the following questions in 2-3 complete sentences, drawing exclusively from the livestream and video recorded on Tuesday, September 9, 2025.

According to Luke 1:39-45, what two immediate things happened when Elizabeth heard Mary's greeting?

What is the specific meaning of the word "leaped" as it is used to describe the baby John's reaction?

How is John the Baptist's leaping in the womb compared to the actions of King David in 2 Samuel 6?

Describe the contrasting reaction of Michal, Saul's daughter, to David's celebration and the consequences she faced.

Based on the teaching, what does it mean that Jesus is the "last Adam" and a "quickenning spirit"?

How can an encounter with Jesus affect the prophetic call on a person's life?

What is the suggested remedy for areas of "barrenness" in a person's life, such as in their mind, emotions, or finances?

According to Donna, what is the difference between simple confession and true repentance, as explained by Jamie Winship?

List the three diagnostic prayer questions recommended to help correct a wrong understanding of God and oneself.

What central theme connects the experiences of Elizabeth, Mary, and Zechariah after their encounters with the Lord?

Answer Key

- When Elizabeth heard Mary's greeting, the babe (John) leaped in her womb, and Elizabeth was filled with the Holy Spirit. She then spoke out in a loud voice, blessing Mary and the fruit of her womb.
- The word "leaped" is defined as a sympathetic and intentional movement, like skipping for joy, rather than a mere reflex action. It signifies that the unborn John recognized the presence of Jesus and his entire being leaped with joy at the coming of the Messiah.
- John's leaping is compared to King David leaping, whirling, and dancing before the Ark of the Lord. Both actions are presented as joyful, uninhibited, and undignified celebrations in response to the manifest presence of the Lord.
- Michal looked down from a window and saw David's worshipful celebration, and she "despised him in her heart," ridiculing him for being undignified. The text suggests that her unwillingness to celebrate resulted in barrenness, as she had no children to the day of her death.
- Drawing from 1 Corinthians 15, the teaching explains that while death came through the first Adam, Jesus is the "last Adam" who was made a "quickening spirit." This means Jesus is the one who brings life, vitality, and fruitfulness, especially to areas of a person's life that are experiencing barrenness.

- An encounter with Jesus can unlock, unleash, and activate the prophetic calls and utterances from the Lord over a person's life. John the Baptist's prophetic fulfillment began to take shape at the moment he, as a baby in the womb, encountered Jesus.
- The suggested remedy is to invite the presence of the Lord to come in and "breathe on that" area of barrenness. One should ask the Lord for a "quickenning encounter" to shift everything and bring His life-giving spirit to the situation.
- Repentance is more than just confession or saying "I'm sorry." True repentance involves agreeing with the Lord about what is right, stating what one did wrong, and committing to changing one's ways.
- The three prayer questions are: 1) "Lord what have I believed about you that is not the truth?" 2) "What am I believing about myself that is hurting me?" and 3) "What am I believing about myself and my relationship with you that is not true?"
- The central theme is that an encounter with the Lord shifted everything in their lives. The Lord stepped into the middle of their ordinary lives and changed everything, demonstrating that after a true encounter with Jesus, nothing is the same.

- Examine the character of King David as portrayed in 2 Samuel 6 and Donna's commentary. How does his declaration "I will be even more undignified than this" serve as a model for worship, and what challenges might hinder a person from adopting this attitude?
- Donna notes that John the Baptist was the last of the Old Testament prophets and that his encounter in the womb with Jesus initiated his prophetic fulfillment. Elaborate on the idea that an encounter with Jesus can "unlock and unleash" prophetic calls, using the context provided.
- Explore the importance of self-perception in one's relationship with God, based on the three-part prayer provided at the end of the teaching. How can false beliefs about God, oneself, and the relationship between them hinder a person from fully believing God's word and moving forward in life?

